

# Your Maternity Appointments



## Your appointments with the Midwife will:

- check the health of you and your baby
- give you useful information to help you have a healthy pregnancy, including advice about healthy eating and exercise
- discuss your options and choices for your care during pregnancy, labour and birth
- answer any questions you may have

**If you need to make or rearrange your appointment please contact Maternity Services.  
(Your GP cannot make Midwife appointments)**

## If you are having appointments at:

SPITALFIELDS  
STROUTS PLACE  
BLITHEHALE  
ST PAUL'S WAY  
HARLEY GROVE  
BETHNAL GREEN

MISSION  
SUTTONS WHARF  
WAPPING  
CITY SQUARE  
JUBILEE  
GOODMANS FIELD

XX PLACE  
HARFORD  
WELLINGTON WAY  
BROMLEY BY BOW  
ST ANDREWS

Please call Royal London Community - 0203 594 2557

BARKANTINE, ISLAND HEALTH, GOUGH WALK,  
CHRISP STREET, ABERFELDY

Please call the Barkantine Birth Centre - 0207 791 8000

ROYAL LONDON HOSPITAL or any other GP SURGERY

Please call Royal London Antenatal Clinic - 0203 594 2572 / 2573