

Worried about cancer coming back?

Join **Cancer Psychological Services** for a free workshop to understand and learn more about fears of cancer recurrence, practice helpful strategies and connect with others

Tues 12th September - Whipps Cross Hospital

10.30am-12.30pm - Tomswood Health & Wellbeing Centre, Whipps Cross Hospital, E11 1NR

Thurs 12th October - Vicarage Lane Health Centre

10.30am-12.30pm - 10 Vicarage Lane, Stratford, E15 4ES

Wed 8th November - Mile End Hospital

2.00pm-4.00pm - Education Centre, Burdett House, Mile End Hospital, Bancroft Rd, E1 4DG

To book a place call/text 0778 380 5759

Or email cancerpsychologicals.bartshealth@nhs.net